

Zion Narrows Bottom Up

Big Springs



Turn around point for Bottom-Up hikers.

⌚ 4 hr 20 min

Campsite #12

If you are here, you're too far
Elevation 4,815 feet

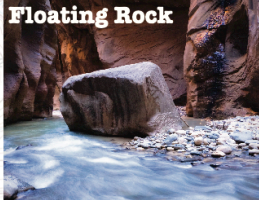
Sipping Turtle

What causes this gurgling sound?

Boulder Pair

Beginning of boulder obstacles

Floating Rock



So large it bisects the river

End of Wall Street

Canyon walls widen
⌚ 3 hr

Hiccup Spring

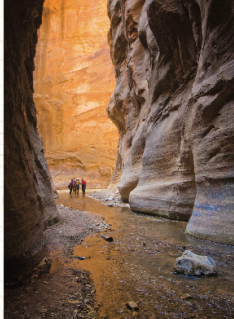
Invisible, but heard along Wall Street

Veiled Falls



Turn around point for Bottom-Up hikers

Orderville Junction



Beginning of Wall Street
22' wide and 1,500' high
⌚ 2 hr

Orderville Canyon

Narrows Alcove



Overhanging Walls

House Rock

River narrows to 10' wide
⌚ 1 hr

Mystery Falls



110' waterfall

⌚ 35 min

Gateway to the Narrows

Your feet get wet from here

⌚ 25 min

Lower Narrows

Wall to wall water

Riverside Walk

One mile paved trail

Temple of Sinawava

⌚ START
Elevation 4,471 feet

To Springdale - 7 miles



3 Main Risks

- Tripping and Falling
- Hypothermia
- Flash Flooding

Risk Management

- Use a Walking Stick
- Wear appropriate footwear and clothing
- Bring enough food and water
- No matter how tempting, refrain from jumping off of rocks into the river

Flash Floods & The Narrows

Before your hike, speak with a Zion Adventures® outfitter for current weather and river conditions. Seek high ground if of the following signs are evident in the river:



- Change in Water Color (to red, brown or muddy)
- Increased Debris in the Water Flow
- Rising Water Levels
- Increased Water Speed

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